

9th Kyu

Yellow Through Orange Belt

Kata

- Taikiokyu 1
- Taikiokyu 2

Stances

- Kiba Dachi (Square Horse Stance)
- Right Kiba Dachi (Right Horse Stance)
- Left Kiba Dachi (Left Horse Stance)
- Left Zenkutsu Dachi (Front Stance)
- Right Zenkutsu Dachi (Front Stance)

Kicks

- Mae Geri (Front Kick)
- Mae Geri Kekomi (Front Thrust Kick)
- Mawashi Geri (Roundhouse)
- Mika Tsuki Geri (Inside Crescent Kick)
- Soto Mika Tsuki Geri (Outside Crescent Kick)

Blocks

- Chudan Soto Uke (Outside)
- Chudan Uchi Uke (Inside)
- Gedan Barai (Downward)
- Jodan Uke (Upward)

Hand Forms

- Uraken (Back Knuckle)
- Chudan Tsuki (Center Punch)
- Jodan Tsuki (High Punch)
- Gedan Tsuki (Downward Punch)

